

Where are we?

With the project '**Acces to Leisure**' (February 2022 - July 2024), **5 countries** join forces and want to develop a training package to **support people with intellectual disabilities** to become **owner of their leisure activities** they choose and enjoy themselves.

Meanwhile, **phase 1 of the project has been completed**. In this phase, the inclusion team per country met several times to lay the foundation for the continuation of the project. Among other things, **through interviews and 'photovoices'**, we learned more about the leisure experiences from people with learning disabilities.

In this newsletter, we take you through the **findings for each country**.

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Hand in Hand - Hungary

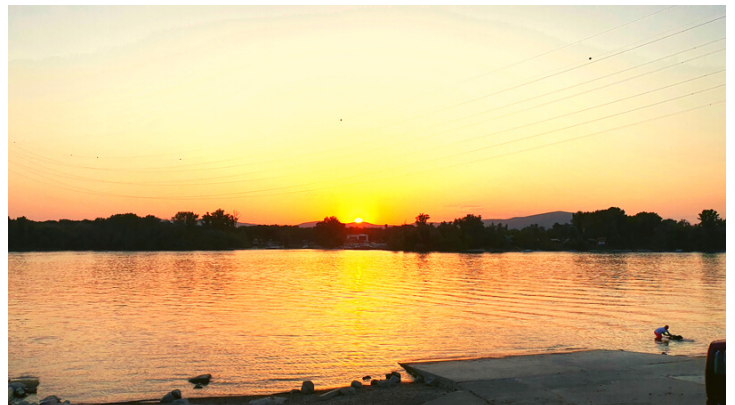


During the research phase inclusive team members had many encounters, great meet-ups with each other. At Hand in Hand, the photo voice process was an absolute success. We involved a photographer, Gabriella Csoszó who offered a preparatory photo session for our users and they went to the park to make photos together. Through the photovoice materials we could have a peek into the participants' leisure time and activities. We found out that the users have many wishes how to fulfil their free time, but they often have no companionship or the skills how to organize the activity. Another issue were the financial situation of the users, so options for free of charge activities were more beloved.

KVPS - Finland



The results from the report of the phase 1 solidified our own thoughts on how important informal local supporters can be in the lives of our target group. This can also be seen in the way they spend their leisure time. This marks the importance of support for the local informal supporters as well as giving them recognition for the work that they do on their own spare time.



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We took the picture at the entrance of Vác, between Sződliget and Vác, we stopped and I thought I'd capture this because it's not to be missed. I took the photo standing up. We rested, had a drink, and then we went on.

Center Val - Slovenia



Our cooperation in the ACCESS project is already in full swing. We spent time together sailing the Croatian seas where we learned how to work together and enjoy on a sailing boat for a whole week. We planned our days and talked to each other about our assignments and wishes. We will open our new office space in the city centre of Ljubljana in the following days. Here we will have room for work and free time. We will keep working on our project assignments in our brand new office and are looking forward to more good news soon.



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Daniel walked with his buddy to the summit cross of the local mountain.



Hubbie - Belgium



Phase 1 of the project was very fun and interesting to do. We got to know each other well within the inclusive team through the photovoices, interviews and several times we came together. We created a safe climate and a good foundation to continue developing different products in the future of the project.

Atempo - Austria



We enjoyed our start with the photovoice research phase.

We got a lot of different expressions from our trainees. They have many different leisure activities, from art to sports, from gardening to digital tools. Also, it was a very interesting to collect the best practice examples of local leisure activities with our inclusive team.

We are looking forward to all further activities of the project.



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Lissa is my caretaker and every year on my birthday treats me an icecream and a coffee, or some pie. I look really forward to this moment.

Want to know more about the project? Take a look at the website <https://kezenfogva.hu/node/2069>